

# FOCUS 2020

MY WORD OF THE YEAR IS:

MY VERSE OF THE YEAR IS:

MY PRAYER FOR THE YEAR IS:

THIS YEAR I NEED TO:

BE INTENTIONAL ABOUT:

PRAYING BEFORE REACTING

SAYING KIND WORDS

READING MY BIBLE

BEING PATIENT

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LET GO OF:

OTHER PEOPLE'S EXPECTATIONS

GOD'S "NO" TO MY PRAYER

WEARING OTHER'S WORRY

HURTFUL PEOPLE IN MY LIFE

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TAKE CARE OF MYSELF BY:

SETTING ASIDE TIME TO UNWIND

FINDING A TRUSTED VOICE

BELIEVING GOD'S TRUTHS ABOUT ME

DOING SOMETHING I ENJOY

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