



Surrendered: 40 Devotions to Help You Let Go & Live Like Jesus is a 40-day devotional journey inspired by Jesus's forty days in the wilderness by popular speaker and Bible study author Barb Roose. Each devotion features a Scripture, a big idea, a biblical or personal story, a letting go principle, personal reflection, and application questions. Through this journey women learn how to surrender like Jesus and experience God's power and peace in their lives as never before.

Dear sister with the weary soul, you are not alone in your struggle. God knows the weight you carry. He hears the cry of your heart. You are seen. Most of all, you are dearly loved.

From *Surrendered: 40 Devotions to Help You Let Go & Live Like Jesus* by Barb Roose.

SIX SURRENDER PRINCIPLES

1. I am not in control of others or outcomes.
2. I choose to live by faith, not rush to follow my feelings.
3. I can always let go and give my problems to God.
4. Trusting God's promises will bless me, but pushing my plans will stress me.
5. When fear tempts me to flee, fix, or force my way, I will choose to stop and pray.
6. Surrender is my only path to God's peace, power, and provision.

Explore more in *Surrendered: 40 Devotions to Help You Let Go & Live Like Jesus* by Barb Roose.