WEEK FIVE LISTENING GUIDE

SAYING YES TO GOD SUBMISSION AND SACRIFICE

THIS WEEK'S MEMORY VERSE:

Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come. -1 Timothy 4:8 NLT

| Submission is a | that you make to let God le | ead your life. |
|---|---------------------------------|----------------------------------|
| Submission also leads toyou away from what is unhealthy | | |
| The spiritual practice of sacrifice i | s about giving up for God's _ | · |
| There is a difference between a sa you out. | acrifice that | _ God and sacrifices that stress |
| Start practicing and spiritual practice. | d God will help you find your v | vay through fasting as a |

Extra Notes: