

STRONGER THAN STRESS

PARTICIPANT LISTENING GUIDE

WEEK ONE LISTENING GUIDE

THIS WEEK'S MEMORY VERSE

Now may the Lord of peace himself give you his peace at all times and in every situation.

-2 Thessalonians 3:16 NLT

1. It's okay for you to not to be _____.
2. God never promises a _____ life. He promised to give you the _____ to live this life.
3. The good news is that Jesus has already won your _____ over overwhelm so that you don't have to stay this way.
4. _____ is a person and that person is _____.
5. Let God's _____ make way for you to win the battle of overwhelm.

Extra Notes: