

WEEK THREE LISTENING GUIDE

"DE- STRESSING YOUR THOUGHTS"
Prayer and Engaging Scripture

THIS WEEK'S MEMORY VERSE:

The LORD gives his people strength. The LORD blesses them with peace. -Psalm 29:11 NLT

_____ and _____ are spiritual practices that make room for God to clear up and clean up your OOPS thinking.

_____ is God's way of giving you access to Him.

The spiritual practice of prayer _____ your experience with God.

The more that you pray and experience _____ God's love, His love for you grows your love for Him.

While information can improve our lives, only God's Word can _____ your life.

You will do what you _____ in doing.

Extra Notes: