## **WEEK TWO LISTENING GUIDE**

## "GETTING OUT OF SURVIVAL MODE" Surrender and Sabbath

## THIS WEEK'S MEMORY VERSE:

Keep putting into practice all you learned and received from me— everything you heard from me and saw me doing. Then the God of peace will be with you.

-Philippians 4:9 NLT

God takes what is	in our lives and uses it to help us experience
Complete Name of the second	
Survival Mode is not	·
God loves	for who you are and as you are.
You are a human	, not a human
The key is your	·
	is giving over to God what is out of your control and allowing Him
to determine what is	best.
Surrender is an	between you and God. By trusting God
you believe that He v	will do what is best for you.
	_ is a spiritual practice that creates space away from the busyness for
you to rest and conn	ect with God.
You are blessed whe	n you

## **Extra Notes:**